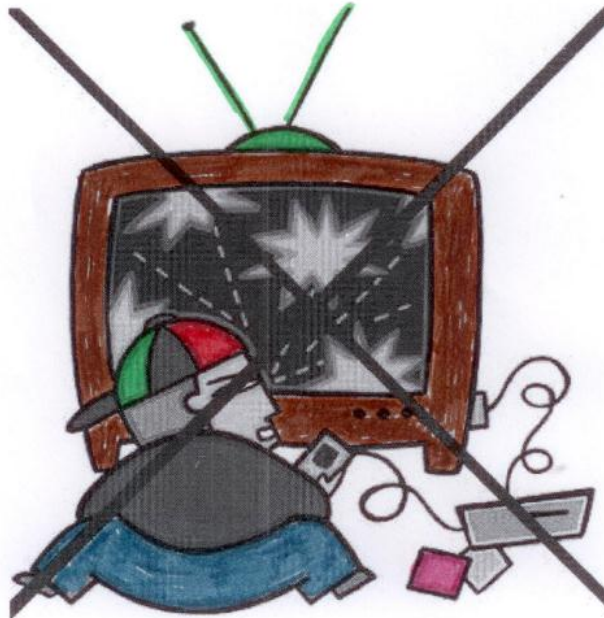




Latvian national folk games



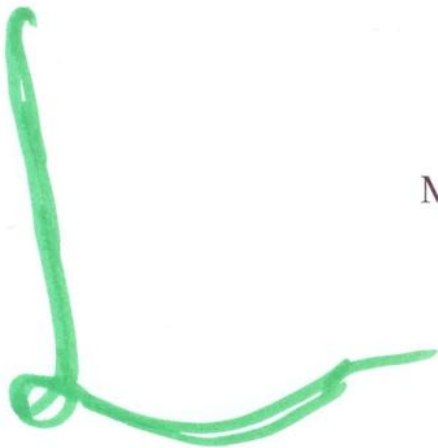
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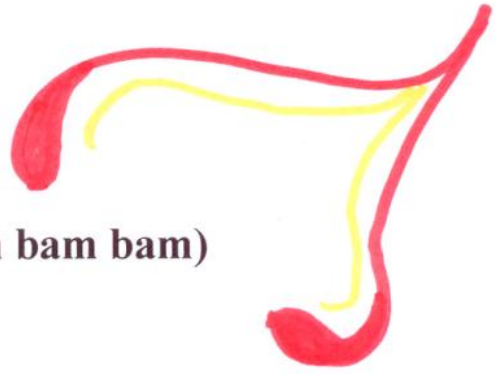
Madona, Latvia 2012.



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Kalim bum bum (Kaļim bam bam)

Game is for people starting from 12 years.

Running, team strategy game.

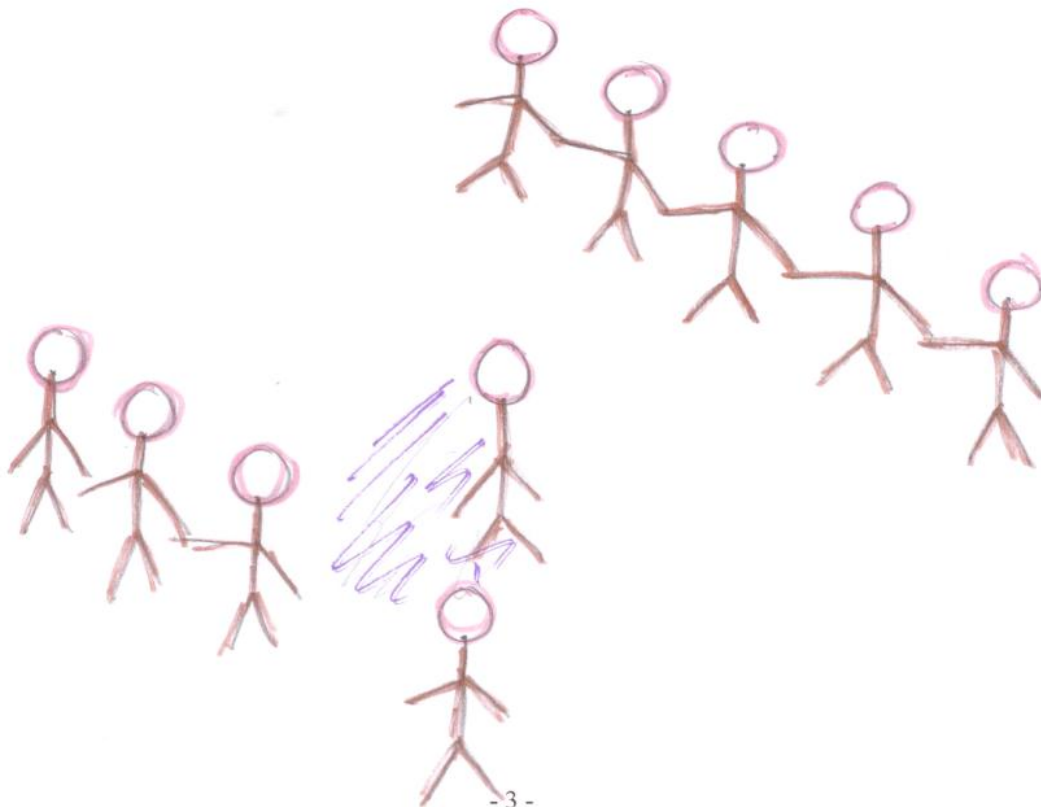
It can be played outside in field.

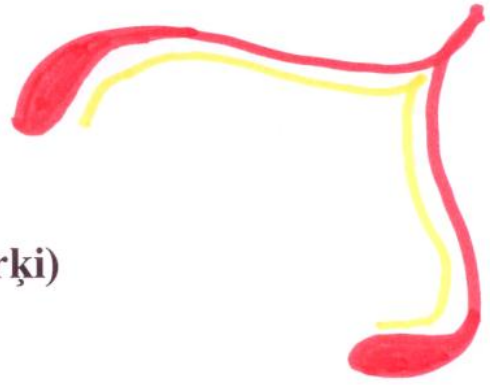
There is no necessary any equipment.

Rules are: Two teams, in the same people count. Team are staying in one line in front of other team. Each people has to be holding a hands very tight.

Game starts when one team are saying a text – Kalim bam bam, what's happening? ... (here has to fill other teams one of the children's name) is taking a bus and coming to us. Then, that child is running to the other team and trying to brake the hand „chain”. If he have it made, then he choose one of the person from that team and return back, if not, then he have to stay in that team and keep playing. But now the second team is saying that text. Play until in one of the teams has left two persons.

Modifications can be that the person who broke hand „chain” can chose 2 persons from other team. It's possible when in teams are many people. Also, after unlucky brake, the person can join back to his team.





Cucumbers (Gurki)

Game is for people starting from school age.

Running, individually game.

Place has to be outside in to the field.

Need a ball or soft object which can be thrown.

Rules: At the beginning all persons is staying together. Leader is with the ball. Start is when the person with the ball is throwing the ball up and saying a some peoples name which is in to the groupe. In that moment others are running away, but the named person is catching a ball. When he catcht, he is saying „stop” and in that moment others have to stop. After that his task is to throught the ball to other person. If the ball reach's the goal then that person become a leader and repeat's the task. If not, then he has to repeat the task.

Modification: At the beginning, leader is determine how other players will move during the escape (jumping, running, jumping on one leg, creep, rolling, and so on).



What's in the garden? (Kas dārzā?)

Game is for children from 3 years.

This game is for little children in kindergarden.

Singing, cooperation game.

It can be played inside the room or class.

Don't need special equipment.

Children are making a circle and hold each other hands. One leader is outside from the circle. Game starts when all is starting to sing and leader is going around the circle:

Kas dārzā? Kas dārzā?

Bitīt' rožu dārziņā.

Kas dārzā? Kas dārzā?

Bitīt' rožu dārziņā.

After that, everybody continue's to hold hands but up in the air and leader person is going in to the circle and going like in the slalom throught the circle and in the same time all sings:

Ložņā bitīt cauri zaru zariem,

Caur zaru zariem,

Caur lapu lapām.

Then the leader chose one of the person and they are going together. And also others keep singing:

Ja citu atrod,

Liec to savā vietā.

Ja citu atrod,

Liec to savā vietā.

After that now we have two persons outside the circle and task is the same them together.

Song lyrics are the same and task repeat's.



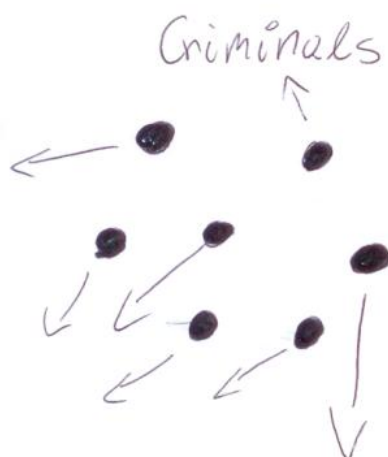
Criminals and police (Bandīti un policisti)

Game is for people starting from 5-6 years.

This game is for running and working in team.

Place should be big outside area, fields or woods. Depends what kind of children age is in the game. There has to be the same count for criminals and for the police guys. Game starts when criminals are running away and police have to catch them. When police catch the criminal, he have to bring back to the start and then police can catch other criminal. Game ends when all criminals are catch. After that, the teams are changing with the tasks.

Modifications: Different terrain, different children count in to the teams. There can be more criminals than police or more police than criminals.



Hockey with the sock (Hokejs ar zeķi)

Game for children from 5 years age.

There is two teams and in each team maximum 4 players.

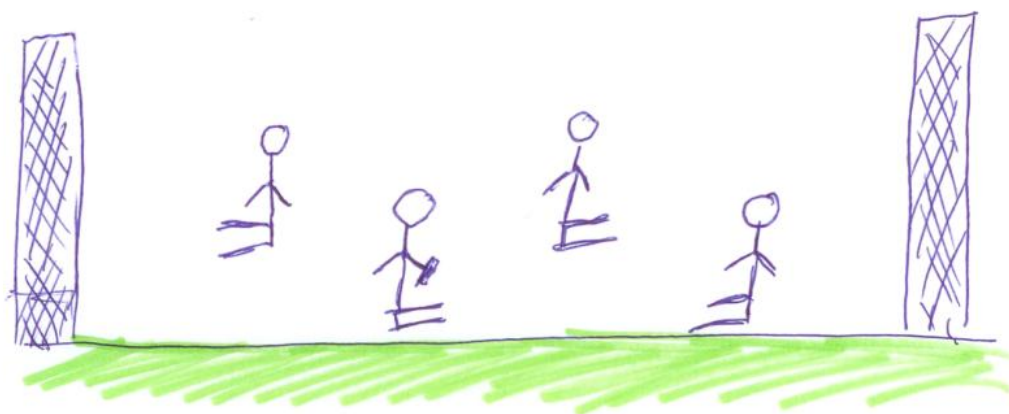
Played in to the room or corridor.

Need a sock and should be a slippery floor.

Rules: players are located in the room on the knee. Each player passing the sock to there own team members and try to throw the sock in the goal to make a score. It's not allow to take a sock in the hand, just to strike/hit it. All the time players are sitting on the knee and moving like a slide/float. It's not allow to stand up.

Modifications: Game can be played with the ball.

H: 0	A: 0	T: 01:33
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Squash with a tile (skvošs ar dakstiniem)

The game can be played from 5 years age, but it depends also how able are you at coordination. It is quite complicated game. Maximum three players can play the game in the same time.

Need a rackets and the ball. Could be smooth floor or ground and the wall also, to make it easier to play.

Rules: One player starts hit the ball with the racket and has to bounce to the wall and one time also to the ground, then other player have to repel/fend (hit it also to the wall). Players are hiting till some one has made a mistake (didn't hit the ball or didn't hit the ball to the wall). After mistakes every player has to count the score. One point for opponents mistake. Wins that who has reached 11 points.

